

DESERT EAGLE

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DESERT EAGLE

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For more information, call 437-2868.



Cover Illustration by Staff Sgt. Grady Epperly

The 379th Air Expeditionary Wing and coalition partners joined together Nov. 22 to celebrate Thanksgiving. The 379th Expeditionary Services Squadron served almost 3,500 turkeys while providing a great meal for base personnel.

SEXUAL ASSAULT – Who's to Blame?

by Capt. Dan Katka
379th Air Expeditionary Wing
Sexual Assault Response Coordinator

A female Airman, "Jill," sat across from me in my office sobbing as she told me a story similar to many I've heard before. She had a crush on one of the male Airman from work, so she talked her friends into going to a local hotel where she knew he'd be with some other guys. With their hair fixed just right and "dressed to kill," the ladies went to the hotel, giggling all the way. The men of course, were thrilled that the ladies were coming.

The group cranked the music, started drinking, laughing, and flirting. After getting slightly buzzed, Jill drifted off with her crush into another room. It got "hot and heavy," she told me. They made out for a while and then, when Jill felt like it was getting too hot, she decided to leave the room and go

back to her friends. He, on the other hand, had different plans. He pinned her down, fondled her and tried to have sex with her. She said "no" and "stop" numerous times, but he ignored her. She felt helpless and powerless, but managed to get away and ran out crying.

The ladies left the hotel, but Jill didn't say much on the way home. "You shouldn't have let things get that far," they told her. "It wasn't just his fault." Even though he didn't rape her (some aren't so fortunate), the incident scarred Jill. Her self-esteem dipped and her friends' words haunted her. "Maybe I should have dressed differently or shouldn't have led him on," she thought. "Maybe it was my fault?" But, she was wrong.

It had nothing to do with the way she was dressed or the amount of kissing she did. The man she was with sexually assaulted her. But, like thousands of other

victims, Jill blamed herself for what happened.

The Department of Defense defines sexual assault as intentional sexual contact, characterized by use of force, physical threat or abuse of authority, or when the victim does not or cannot consent. The term includes rape; nonconsensual sodomy, whether oral or anal sex; indecent assault, which is unwanted and inappropriate sexual contact or fondling; or attempts to commits these acts.

The bottom line for potential offender's is "no" means "no," whether the victim is making out with them, had sex with them in the past, drinking alcohol or is dressed provocatively.

As a Sexual Assault Response Coordinator (SARC), I've spoken with

"If the victim was you, remember: you are not to blame even if you were drinking or you were with someone you know. Seek help so you can start the healing process."

by Capt. Dan Katka

a number of "Jill's." Because she reported her assault, Jill is receiving the help she needs to stop shouldering the blame for someone else. I've met dozens of people (male and female) who had been sexually assaulted or forced to do a sexual act against their will. In many of the cases, the blame was misplaced on the victim for putting themselves in a bad situation, dressing or acting a certain way.

If you know someone who has been sexually assaulted, be a friend. Encourage them to report it and do not blame them for a crime they didn't commit. In the military, all active duty members have restricted and unrestricted reporting options. With restricted reporting, victims can seek help without launching an investigative process. If the victim was you, remember: you are not to blame even if you were drinking or you were with someone you know. Seek help so you can start the healing process.

If you have any questions call the Sexual Assault Prevention office at 437-7500. If you would like to report a sexual assault call the 24hr HOTLINE 437-SARC.

Command Information

To view the latest commander's update or other command information, read the daily *Desert Dispatch*, or watch the Commander's Access Channel (Ch. 1) or visit the *Desert Eagle's* public Web site at www.379aew.afnews.af.mil.

The “biggest loser” update

by Capt. Mike Andrews
Chief, Public Affairs
379th Air Expeditionary Wing

So you want to leave your deployment feeling good, looking great and ready to turn some heads by how much weight you lost? If so, you'll want to emulate three individuals committed to losing, that's right ...losing.

The 379th Expeditionary Services Squadron offers numerous physical fitness opportunities, including the “biggest loser” contest which helps encourage and track weight loss.

The top three “biggest losers” at the halfway point are Major Gary Burg, CAOC Combat Plans Division, Staff Sgt. Timothy Launius, 379th EOSS weather forecaster, and Staff Sgt. Jorge Garcia, 379th EMXS Air Ground Equipment who have lost 22.6 pounds, 18.4 pounds and 16.7 pounds respectively.

These impressive results show how determination, consistent exercise and healthy eating can lead to significant achievements. It also shows how deployed services programs can help support this locations goal of sending back better Airman.

Major Burg chose the contest because “I was in the process of setting my deployment goals for getting in shape and saw the contest announcement.” Sergeant Launius said that “I actually joined the biggest loser for motivation since I needed something to help push me into losing weight. I love competing, so this helped me out a bunch.” Sergeant Garcia decided to join the contest because “my entire office decided to

lose weight”.

What are some helpful hints for successfully losing weight? Major Burg said that what helped him most was “setting a goal to lose weight and setting a restriction on what I could and couldn't eat and then sticking to it. There were many days I didn't want to workout but I knew only through perseverance would I reach my goal.”

Sergeant Launius added that “my diet is probably what has helped me the most with losing weight. I cut out all sweets and replaced it with fruit. I no longer eat the snack line. I try to find something healthy on the main-line to eat (making sure I get my vegetables).

Sergeant Garcia stated that “cutting out soft drinks from his diet has helped lose weight.” He also said that “support of my friends and co-workers” has helped him the most with losing weight. All three winners are symbolic of how important it is to have a wingman or an office supporting a personal or professional goal.

Another important step in losing weight or achieving any fitness goal is tracking your progress.

This is where the 379th Expeditionary Services Squadron comes in offering trainers, facilities and numerous fitness programs virtually year-round to help Airmen achieve their fitness goals.

As Major Burg Everything said “everything is in place to make you successful, it is just your motivation needed to achieve your goals.” Still looking to turn some heads? Call the fitness center and join the loser challenge.



Commander's Action Line

The Action Line is your direct link to Brig. Gen. Charlie Lyon, 379th Air Expeditionary Wing commander. Use it if you have questions or comments about the base which couldn't be resolved by your chain of command or base agencies. Each question will be reviewed, answered, and may be published on a case-by-case basis. E-mail actionline@auab.centaf.af.mil.



MASTER SGT. GREGORY C. KUNKLE/ U.S. AIR FORCE

Brig. Gen Charlie Lyon, 379th Air Expeditionary Wing commander, kicks off Thanksgiving dinner by thanking base personnel for their service and sacrifices while supporting the Global War on Terror. After carving the turkey, General Lyon and other wing leadership served Airmen here.

379th EMDG Blood Transshipment C

By Staff Sgt. Jason Barebo

379th Air Expeditionary Wing Public Affairs

When U.S., Coalition Forces or civilians are wounded as a result of battle, they are transported to the nearest medical facility to receive treatment. In some cases, the wounded person may require some sort of blood product to save their life.

That's where the 379th Expeditionary Medical Group's Blood Transshipment Center comes in. Acting as a hub, the BTC processes anywhere from 1,000-1,500 units of blood product each week, valued at more than \$275,000, which they inspect, process and store until it is shipped forward.

"Ninety-five percent of the blood we receive is donated from military members through the military blood program," said Tech. Sgt. Jason Lewison, 379th EMDG deployed from Minot Air Force Base, N.D.

"On very few occasions, the Department of Defense will have to purchase blood products from the American Red Cross or civilian blood banks in the event that the military blood program isn't able to fully support one or more blood types."

Capt. Ramos-Ortiz, who is deployed from Langley AFB, Va., explained that the BTC here receives, processes, stores and distributes all of the blood products used throughout the AOR.

Donated blood products are sent through the Armed Services Whole Blood Processing Laboratory East at McGuire AFB, N.J. and then to Dover AFB, Del.

The next stop is Ramstein Air Base, Germany, and finally the blood products arrive here where members of the BTC, along with volunteers from various units

across the installation unpack and inspect each product for any deficiencies.

"Just like the heart pumps blood throughout the body, we 'pump' our blood products throughout the AOR where it is either used or further distributed as needed," the captain said.

The BTC stores and ships three different types of blood products; red blood cells, fresh frozen plasma and cryoprecipitate. Red

blood cells are the most common type of product used, Captain Ramos-Ortiz said.

At times, wounded individuals do not require all of the elements in a red blood cell pack. In such

U.S. Air Force photo/Staff Sgt. Doug Olsen



Tech. Sgt. Joseph Pinkney (left) and Senior Airman Thomas Sullivan, 379th Expeditionary Medical Group Blood Transshipment Center, use the defense blood standard system to scan and track blood products that are being shipped to Balad Air Base, Iraq.

cases, they are given either fresh frozen plasma or cryoprecipitate.

Fresh frozen plasma is used when a patient requires the different substances contained in plasma but does not necessarily need the red blood cells themselves.

Cryoprecipitate contains coagulating factors pulled from

plasma and is used in the event that a patient is bleeding so severely and their blood is unable to clot and they continue to bleed no matter how much new blood they receive.

"Red blood cells are kept in our cooler at 40 degrees Fahrenheit," said Tech Sgt. Joseph Pinkney, 379th EMDG also deployed from

Senior Airman Beth Gunn, 379th EMDG Blood Transshipment Center, packs red blood cells for a shipment to Balad AB, Iraq. All of the blood products shipped throughout the AOR enter and leave through Southwest Asia. Airman Gunn is deployed from Langley Air Force Base, Va.

U.S. Air Force photo/Staff Sgt. Doug Olsen



Center: Pumping blood from the 'heart'

Langley AFB. "They have a shelf life of 42 days from the date the blood is drawn.

"The fresh frozen plasma and the cryo can actually be frozen solid and stored for one year before they expire," Captain Ramos-Ortiz said.

"We are expecting frozen red blood cells in January. Glycerin is used in this freezing process as normal freezing will cause the red cells themselves to burst and spoil the unit," he said.

When it's time to ship red blood cells, they are packed in special boxes with regular wet ice. Regular ice is used so the red blood cells do not get too cold. Once the red blood cells get too cold, the cells will actually explode, making the unit unusable. Fresh Frozen Plasma and Cryoprecipitate are packed in the same boxes except they are packed in dry ice which will keep them frozen. Once packed, all these blood products must be re-iced every 48 hours to prevent spoilage. Once the shipment has been completed, it is taken to the flight line where it is stored in a large cooler where it will await transport.

"Our mission here is one of the more important missions in the AOR," said Senior Airman Thomas Sullivan, 379th EMDG deployed from Langley AFB. "The blood products we send out are critical to saving the lives of our fellow U.S. and Coalition Forces.

"We also make a huge impact on the civilian populations near our forward units. A lot of the products we send are used to treat wounded civilians."

"This entire team is on call 24/7," the captain said. "We have scheduled shipments throughout the week.

"We determine shipments based on monitoring blood supplies throughout the AOR. This ensures our forward units have the supply of blood they need to maintain operations and keep our soldiers alive. We are also ready to fill emergency requests at a moments notice."

One particular incident recently was a phone call early one morning, requesting blood for a severely wounded Marine.

"Immediately I called my team in and without one complaint everyone moved to rapidly process the request," Captain Ramos-Ortiz recalled.

The Marine's injuries were so

U.S. Air Force photo/Staff Sgt. Jason Barebo



Tech. Sgt. Joseph Pinkney (left) holds a box of fresh frozen plasma steady as Senior Airman Beth Gunn pours more dry ice into the box Nov. 20. Fresh frozen plasma must be kept frozen to prevent spoiling of the blood product.

severe that medical personnel on-scene performed the transfusion right on the aircraft," he said.

"That's one of the greatest things for us to hear," said Senior Airman Beth Gunn, 379th EMDG deployed from Langley AFB. "We know that with every unit of blood we ship, we are helping save someone's life.

"Working in the BTC is a very unique and rewarding opportunity for us," Captain Ramos-Ortiz said. "We are very proud of the work we do here."

U.S. Air Force photo/Staff Sgt. Jason Barebo

Tech. Sgt. Joseph Pinkney (front) and Senior Airmen Beth Gunn (middle) and Thomas Sullivan, 379th EMDG Blood Transshipment Center, inspect and pack fresh frozen plasma for a shipment to Balad Air Base, Iraq. Dry ice is used to keep the FFP frozen and prevent spoilage. Sergeant Pinkney and Airmen Gunn and Sullivan are deployed here from Langley Air Force Base, Va.



The High Cost of Calling Home

by Capt Deric Prescott
379th Air Expeditionary Wing
Chief, Military Justice

The ability to stay in touch with friends and loved ones back home is critical to the wellbeing of deployed military members. Unfortunately, if you use the cell phone you purchased at your home station, expect to pay some pretty hefty fees.

Most cell phone contracts offer unlimited mobile to mobile calling or even unlimited long distance. For the vast majority of plans, however, all of these benefits apply within the continental United States. Recently, the base legal office has seen an increase in the number of members seeking legal assistance because of huge bills associated with calling home from the AOR.

While Congress is currently looking into legislation that would allow people to cancel their cell phone contracts if they are deployed (without a cancellation fee), there are currently no protections – provided for under the law – for deploying military members. However, some states have enacted legislation which might provide some relief.

In Illinois, for example, Governor Rod R. Blagojevich signed legislation which strengthens consumer protections for active military members, including provisions that specifically state that cell phone companies cannot charge soldiers and their families certain fees for terminating a cell phone contract before it has been completed.

Check with the base legal office for more details on laws that may protect you. OK—If we have people come to us (which is a great idea) we need to have answers for them. Seems like a great thing to add to the website..

If you want to use your personal cell phone while deployed, call your provider and first ask if the company has international service. If so, make sure you understand how much you will be charged for each minute of cell phone use and get the quote in writing (or email), signed by the representative if possible.

Most cell phone service providers will have this information on their website. Most likely, the probable fees for international service are too expensive. However, if you need to call home more allowed with the twice a week morale calls, you can always ask your First Sergeant or Commander for additional calls if you are dealing with an important issue back home, record a video of you at the [location], to send home or spend some extra time on the e-mail.

If you do end up having a dispute with your phone company (or any other business), please remember the following rules.

- Identify the culprit. Why did the charge appear on your bill? Is it a charge you incurred, or is it something that appeared on your bill due to someone else using your phone/service or possibly due to identity theft?

- Start calling. Next, contact both the company in question and your credit card company. If you pay your bills via credit card, contact your credit card company and see if they will investigate the disputed amount.

Most credit card companies will give you at least two months to dispute the charges. Once you have disputed the charges, a company then must provide some proof that you've agreed to this

charge, either through a receipt or a contract you've signed.

- Stop the problem. Also, contact the company to find out when you signed up for the service or membership and try to cancel the subscription. If you can, get beyond the first person on the phone, if you can.

Also, make sure you get the names of the people you speak with and jot down the day/time you called. Of course you may not want to spend the time on the phone to resolve the issue so the customer service email link on the provider's website is always useful.

According to Christopher Solomon, from MSN Money, there are numerous ways to try and get the satisfaction you deserve.

- Use honey, not vinegar. "Be nice, be personable. Just talk about the facts. Talk about your relationship to their product -- have you enjoyed using it, have you not enjoyed it, or not using it."

You can also stress your military service. While you cannot use your military service for private gain, you should inform the company that you are in the military and are deployed or will be deployed. Most companies are military friendly and understand the sacrifices that all of us must endure.

- Get a name and a number. A good habit to get in, when calling to address a grievance, is to get a name and a "case number" or "file number" as soon as possible. Say that you simply want the representative's name so that you can speak to him/her again, if you get disconnected.

- Aim high. If you're not getting the satisfaction you want, politely but firmly ask to speak to a Level II or Tier II supervisor. "Sometimes when you ask to speak to a supervisor, they won't let you," she says. If that happens, challenge them on that denial. They'll often back off.

- Visit the base legal office. Sometimes a friendly letter from a legal assistance attorney might help your situation. Or, simply talking with a legal assistance attorney about your available options can steer you in the right direction.

- An ounce of prevention ... Finally, remember that the best way out of a snafu is not to get into one. Don't sign up for what you don't understand. Know that there's no free lunch. And read any contract's fine print. People hate the fine print, but that's where all the details are.

Some companies are working hard to support the military. Last month, Verizon Wireless announced that they are allowing military members to suspend their cell phone accounts for up to 48 months.

In addition, military personnel requesting suspensions or contract cancellations -- without paying an Early Termination Fee -- are asked to verbally provide their home base and commanding officer's information in order for Verizon Wireless to confirm deployment. Several other companies offer discounts for military members.

If a company is unwilling to insert a military clause into their contract with you for cable, telephone, internet access, etc., keep shopping around.

Mass Influenza Vaccination Line

When: Nov. 26, 6 a.m.-10 p.m.
Nov. 27, 6 a.m.-1 p.m. and 6-10 p.m.
Nov. 28, 11 a.m.-7 p.m.
Nov. 29, 6 a.m.-1 p.m. and 6-10 p.m.

Where: Base Theater
Who: All U.S. Military, Civil Service
Personnel and DOD contractors
For more information call 467-8741

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STAFF SGT. DOUGLAS C. OLSEN/ U.S. AIR FORCE

Senior Airman Bryan Hearn is an F-15 Avionics Intermediate Section Technician assigned to the 379th Expeditionary Maintenance Squadron. His home station is Seymour Johnson AFB, N.C. and his hometown is Oklahoma City, Okla. During the month of October, he was a key member in the all-time high production of 45 repairable parts. His efforts reduced awaiting maintenance backlog by 50% in one shift and earned 99.5%

flying schedule effectiveness for Bagram F-15E fighters. He diagnosed radar failures caused by test equipment to ensure precision targeting for F-15E's. He also inspected and corrected 507 technical orders resulting in 100% quality assurance pass rate for Avionics, boosting squadron to a 90% pass rate. Airman Hearn masterfully utilized four aircraft radios previously deemed not repairable to this station and returned three of the four to service, saving \$16,000 in repair costs. Finally, Airman Hearn repaired a problematic flight control computer which helped drive F-15E abort-rate to 3.3 percent below standard.



STAFF SGT. DOUGLAS C. OLSEN/ U.S. AIR FORCE

Tech. Sergeant Gaither Moore is a Theatre Express Cargo Manager assigned to the CENTAF Aerial Port Control Center in the Air Mobility Division of the Combined Air Operations Center. His home station is Charleston AFB, S.C. and his hometown is Hendersonville, N.C. During the month of October, Sergeant Moore moved more than 5,000 pallets of cargo to the warfighter

via five commercial airlift companies that provided cargo movement within the Area of Responsibilities. His team set a new record in CENTCOM with a 23-hour average port hold time providing the fastest logistics mode supporting the Global War on Terror. He also developed procedures to commercially move 35 Joint Movement Requests consisting of 744 pallets, delivering the Combatant Commander's highest priority cargo in less than 24 hours. Sergeant Moore organized same day delivery movement of 75 mine resistant ambush protected vehicles saving countless lives and protected movement on world's most dangerous roads. He also set new record of 424 pallets of cargo moved via commercial airlift within the theater in a 24-hour period. In addition, the sergeant coordinated critical R-11 fuel truck delivery to Balad that increased aircraft capability in the air protecting freedom.



MASTER SGT. GREGORY C. KUNKLE/ U.S. AIR FORCE

Staff Sgt. Kyle Harbison, 379th Expeditionary Aircraft Maintenance Squadron, spends his Thanksgiving replacing a malfunctioning number one engine anti-icing valve for a KC-135. Harbison is deployed from Grand Forks AFB, N. D. and his hometown is Quincy, Ill.



MASTER SGT. GREGORY C. KUNKLE/ U.S. AIR FORCE

Service with a smile is second nature to Staff Sgt. Anita Allen, 379th Expeditionary Services Squadron. Sergeant Allen is assisting in the preparations of a Thanksgiving Day breakfast Nov. 22 at an air base in Southwest Asia. Sergeant Allen is deployed from Mountain Home Air Force Base, Idaho.



Members of the 379th Air Expeditionary Wing Nov. 22 to celebrate Thanksgiving. The festivities were led by Charlie Lyon, 379th AEW commander and Ziccardi.



MASTER SGT. GREGORY C. KUNKLE/ U.S. AIR FORCE

While deployed the mail is often the life blood of good morale. Airman 1st class Johathan Cavezza, 379th Expeditionary Security Forces Squadron, is assisted by Senior Airman Steven Lemmer, a postal specialist with the 379th Expeditionary Communications Squadron, with sending a package home. Cavezza is deployed from Cheyenne Mountain AFB, Colo. and his hometown is Portage, Ind. Lemmer's home town is Simi Valley, Calif.



MASTER SGT. GREGORY C. KUNKLE/ U.S. AIR FORCE

Army Chaplain (Capt.) Troy Allan "hams it up" while he listens to the Thanksgiving Day 5K Turkey Trot instructions. Runners and walkers from U.S. services and coalition partners participated in this fun event. Allan is deployed to the 379th Air Expeditionary Wing.



MASTER SGT. GREGORY C. KUNKLE/ U.S. AIR FORCE

Wing and coalition partners joined together Nov. 22. The event was kicked off by a few words from Brig. Gen. [Name] and a blessing by Air Force Chaplain (Lt. Col.) Gary [Name].



STAFF SGT. DOUGLAS C. OLSEN/ U.S. AIR FORCE

Brig. Gen. Charlie Lyon, 379th Air Expeditionary Wing commander, serves the first cut from the Thanksgiving Day turkey to Senior Airman Nikki Pascaul at a Southwest Asia air base dining facility Nov. 22. Airman Pascaul is deployed from Nellis Air Force Base, Nev., and her hometown is Honolulu, Hawaii.

The Natural State's base

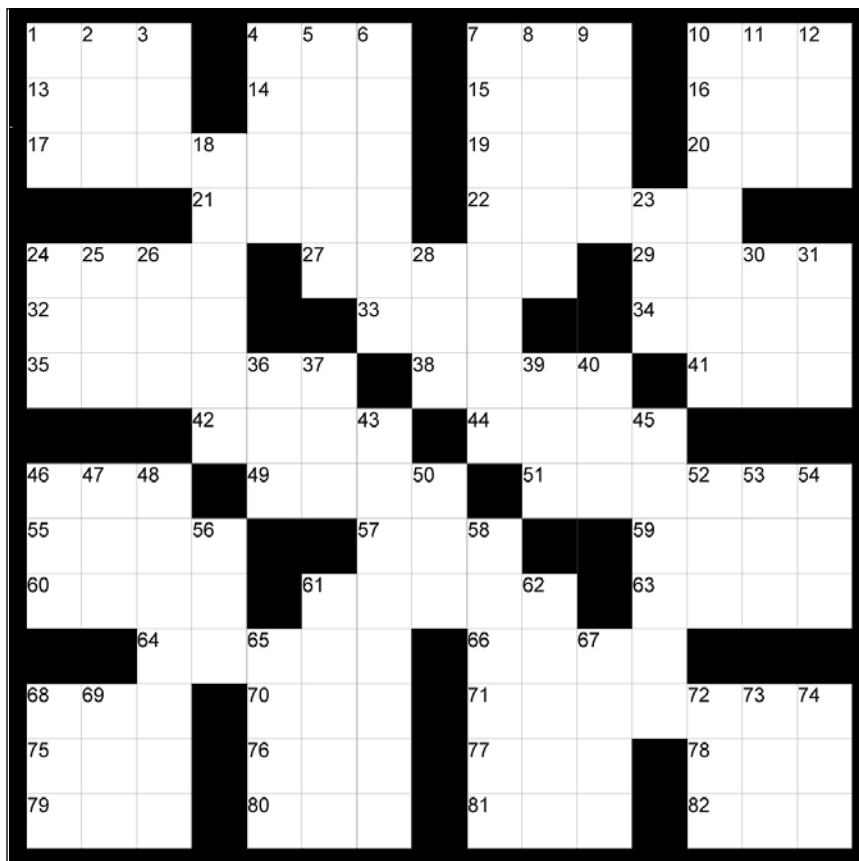
ACROSS

1. Pub order
4. 19th letter of the Greek alphabet
7. Owned
10. Drag behind
13. Earth
14. Place to go into a cordon, in brief
15. Tokyo, formerly
16. A Gershwin
17. B-58 ____; plane flown at LRAFB in the 1960s
19. ____ Grande
20. David Lee "____" Hill, WWII Flying Tiger ace, DFC recipient
21. A person of distinguished courage admired for bravery
22. Punctuation mark
24. Home for 10 DOWN
27. Something given or paid over and above what is due
29. Over again; once more
32. Smallest component of an element
33. MTV show
34. Seaport in and the capital of Latvia
35. RB-47 ____jet; plane flown by 70 RW at Little Rock AFB
38. USAF MAJCOM Little Rock is currently assigned
41. Charged particle
42. Either of the two broad surfaces of a thin, flat object
44. Crib death, in short
46. Black or Red
49. Writes
51. Current commander of 314 AW
55. Opera highlight
57. To pat or tap gently, as with something soft or moist
59. __, __, Sing America; Langston Hughes poem
60. Post or calling item
61. Commander who dedicated Little Rock AFB Oct. 9, 1955
63. Emperor of Rome 54-68, known for his cruelty and depravity
64. Greek mythology monster; female vampire
66. Bottom or under surface of the foot
68. NY Giant Manning
70. Vehicle designed to traverse varied, uneven terrain, in brief
71. SECAF present Oct. 9, 1955 to dedicate Little Rock AFB
75. ____ Fairford; 1954 jet endurance record landing site for LRAFB crew

76. Zodiac sign
77. Large, decorative vase
78. Paddle
79. Standard time in the fifth time zone west of Greenwich
80. Mistake
81. Shoe size
82. Bikini part

DOWN

1. Burn residue
2. Baseball great Gehrig
3. Norton and Harris
4. Phone or graph prefix
5. Harsh or corrosive in tone
6. Remove violently or tear away from a native place
7. C-130 ____; current plane flown by the 314th AW at Little Rock AFB
8. Goodbye
9. 2005 Sci-Fi movie
10. 18 of these ICBMs were based at Little Rock in the 1960s
11. Metal-bearing mineral or rock, or a native metal
12. Col Charles J. ____, first 314 AW commander at Little Rock
18. Col Joseph A. ____; First LAFB commander in 1955
23. Damage
24. British equivalent to SEALs
25. Services org. offering deals on travel and more
26. UCMJ punishment above admonishment, less than Article 15
28. Gun lobby
30. The "I" or self of any person
31. Sickly pallor; pallid; lacking color
36. Slender or pointed end or extremity
37. Lyric poem of some length
39. ____ the season
40. Fed. agency in charge of controlling infectious diseases
43. Operation Joint ____; mission supported by 314 AW in 1990s
45. A black eye
46. USAF MAJCOM Little Rock was originally assigned
47. Age or epoch
48. Part of 314 AW; primary mission
50. Uncle ____; recruiting icon
52. Dined
53. Rocky mount
54. Animal house
56. Oklahoma town
58. People in Pyrenees regions in France and Spain
61. European measurement equivalent to 0.264 gallon
62. Before the Devil Knows ____ Dead
65. The capital of the Maldives
67. Narrow way or passage between hedges, fences, or walls
68. Before, poetically
69. ____ Vegas
72. Toss
73. Corn holder
74. USAF E-4



Answers to last weeks puzzle



This week in Air Force history

November 30, 1913

Phil Rader and Dean Ivan Lamb, flying for opposing sides in the Mexican Revolution, engaged in the first aerial combat, firing pistol shots at one another over Naca, Mexico.

November 27, 1917

Brig. Gen. Benjamin D. Foulois replaced Brig. Gen. William L. Kenly as chief of the Air Service, American Expeditionary Forces.

November 28, 1942

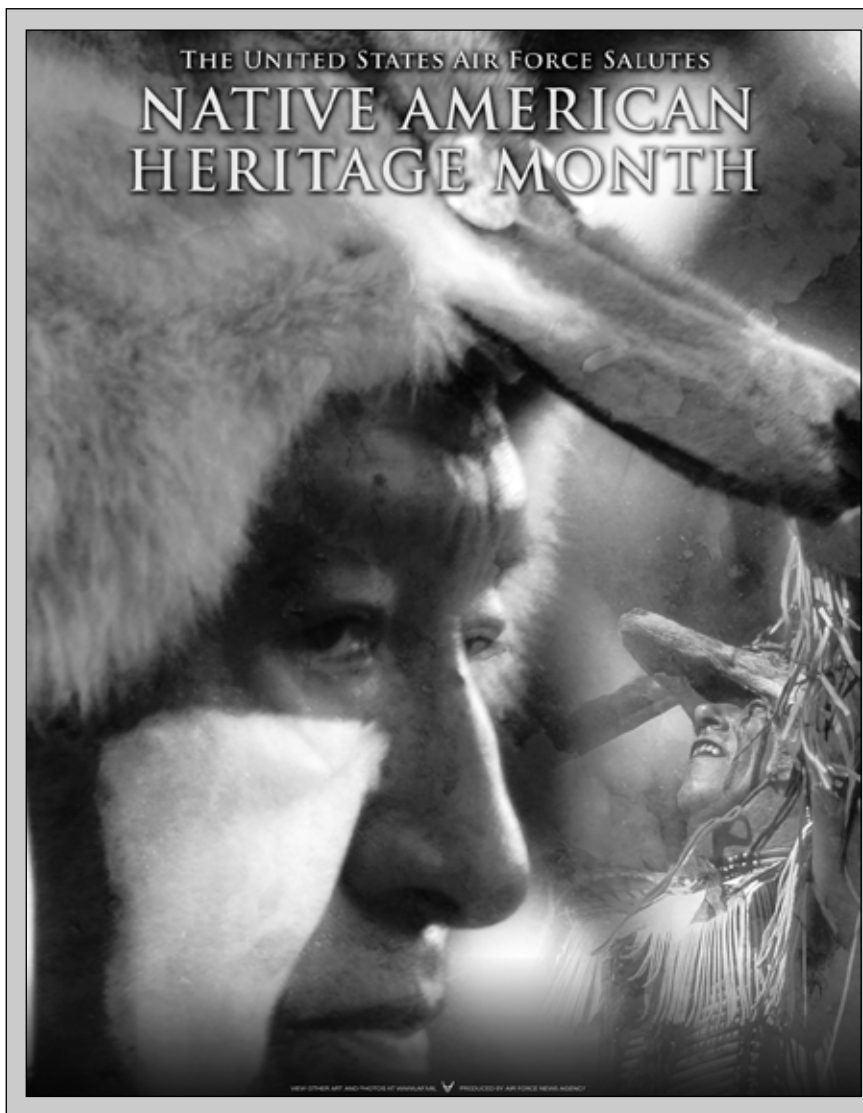
In the first Army Air Forces air raid on Thailand, nine B-24 Liberators flew 2,760 miles from Gaya, India, to bomb Bangkok.

November 29, 1975

The first annual RED FLAG exercise began at Nellis Air Force Base, Nevada, ushering in a new era of highly realistic USAF air combat training for pilots and aircrews.

November 28, 2001

C-17s landed in Afghanistan on an airstrip about 80 miles south of Kandahar to deliver Navy Seabees as part of Operation SWIFT FREEDOM, which introduced U.S. ground forces into Afghanistan.



Wing Air Power Summary



The 379th Air Expeditionary Wing contributed to the following airpower missions from Oct. 15 through Nov. 22.

Air refueling missions

Air Force, French Air Force and Royal Air Force aerial refueling crews flew 205 sorties and off-loaded approximately 13.3 million pounds of fuel to 1,060 receiving aircraft.

Intra-theater airlift missions

U.S. Air Force C-130s and C-17s provided intra-theater heavy airlift support, helping sustain operations throughout Afghanistan, Iraq and Horn of Africa.

Approximately 777 airlift sorties were flown; 2,519 tons of cargo was delivered and approximately 17,850 passengers were transported. This



STAFF SGT. DOUGLAS C. OLSEN/ U.S. AIR FORCE

included approximately 111,420 pounds of troop re-supply air-dropped in Afghanistan.

The 40th Expeditionary Airlift Squadron and the 816th Expeditionary Airlift Squadron delivered cargo throughout the theater.

Bomber missions

During an engagement in Uruzgan, an Air Force B-1B Lancer targeted multiple enemy combatants and positions with GBU-31s and GBU-38s.

In Afghanistan, an Air Force B-1B Lancer conducted air strikes against enemy positions with a guided bomb unit-31 and GBU-38s in Gereshk. Enemy combatants at the locations were engaging coalition forces with small-arms fire and rocket propelled grenades.

ISR missions

One hundred eighty-two Air Force, Navy Royal Air Force and Royal Australian Air Force intelligence, surveillance and reconnaissance aircraft flew missions in support of operations in Iraq and Afghanistan.



STAFF SGT. DOUGLAS C. OLSEN/ U.S. AIR FORCE

A dog gone good job

Military working dogs and their handlers with the 379th Expeditionary Security Forces Squadron demonstrate their ability to restrain resisting subjects to a group of company grade officers at a deployed location in Southwest Asia Nov. 17. 2nd Lt. Anthony Prose, 379th ESFS, dons a protective jacket to aid in the demonstration with MWD Roxy.



STAFF SGT. DOUGLAS C. OLSEN/ U.S. AIR FORCE



"That smells worse than the time those squirrels got caught in the copier."

The winner of Caption Contest No. 58 is Technical Sgt. Cory Favors, 379th Expeditionary Communications Squadron

Other submissions this week are:

"Don't worry, this will only hurt for a second."
-Anonymous

"Next time bet a beer!"
-Anonymous

Caption Contest



Photo No. 59

Rules

Try your hand at writing a caption for this week's photo. The author whose caption entry gets the most laughs - or groans - from our panel wins.

1. Write an imaginative, humorous, printable caption related to the Air Force.
2. E-mail caption entries to DESERT.EAGLE@auab.centaf.af.mil with the words 'Caption Contest' in the subject header.
3. Include the Caption Contest photo number you are referencing, your name, rank, deployed unit and phone number.
4. Winners are announced in the following paper.
5. Deadline for submission is noon Thursday.

WARRIORS OF THE WEEK

TSgt Brian G. Hansen

Job title: Centralized Intermediate Repair Facility Engine Manager for T56

Squadron: 379th Expeditionary Maintenance Operations Squadron

Hometown: Petersburg, Ill.

Home station: McConnell AFB, Kan.

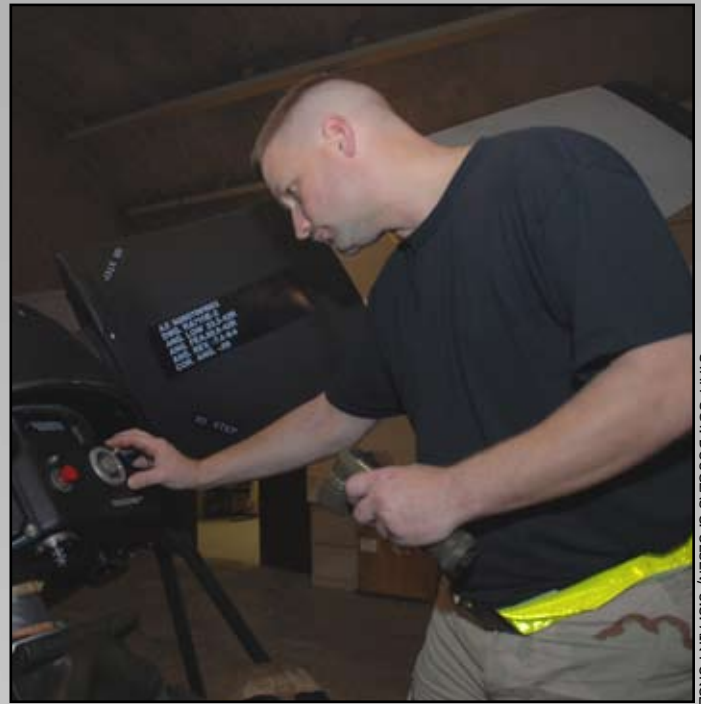
Date arrived in AOR: Sept. 2007

Deployment goals: To improve any process that I manage and to help out where I can

Best part of the deployment: being appointed as a CSA - doing something different from my standard AFSC in which I interact with other career fields

Hobbies: working on computers, gaming and restoring old cars with my family

Best Air Force memory: running the F-15C engines in full burner as a SrA



STAFF SGT. DOUGLAS C. OLSEN/ U.S. AIR FORCE

TSgt Amy E. Young

Job title: Contracting Officer

Squadron: 379th Expeditionary Contracting Squadron

Hometown: Fort Worth, Texas and Crestview, Fla.

Home station: Lackland AFB, Texas

Date arrived in AOR: Oct. 2007

Deployment goals: Leave this place better than when I got here and "Don't Play Fair"

Best part of the deployment: Meeting new people and my evenings at the "real estate"

Hobbies: Anything outdoors and putting Star War legos together with my son

Best Air Force memory: 2nd Air Force NCO of the year 2006



STAFF SGT. DOUGLAS C. OLSEN/ U.S. AIR FORCE

SrA Laura Hagmeyer

Job title: Wing Information Management

Squadron: 379th Air Expeditionary Wing

Hometown: Kings Park, N.Y.

Home station: Westover ARB, Mass.

Date arrived in AOR: Sept. 2007

Deployment goals: To quit smoking

Best part of the deployment: Meeting different types of people, making life long friends and the feeling of standing beside my fellow Airmen to serve my country.

Hobbies: Hanging around friends and family, Darts, clubs, shopping

Best Air Force memory: The proud feeling that rushed through my soul at Graduation from BMT.



STAFF SGT. JASON BAREBO/ U.S. AIR FORCE



Sunday

0700 Warrior Abs
0700 Aerobic (pool)
0800 Spin class
1800 Capoeira
2000 Salsa
2130 Hatha Yoga
2300 Salsa

Monday

0200 Tone Class
0600 Yoga
0700 Spin Class
1000 Tone Fit Sculpt
1800 Capoeira
1900 Abs
2000 Boxercise (red horse)
1930 X-tra Abs
2000 Salsa
2100 Spin

Tuesday

0400 Spin
0500 Warrior Abs
0600 Group power
0700 Spin Class
1000 Tone Fit Sculpt
1800 Step Aerobic
1900 Extreme Core
2000 Circuit (red horse)

Wednesday

0200 Tone Class
0600 Spin/abs
0700 Aerobic (Pool)
0700 Spin Class
1000 Jiu-jitsu
1800 Capoeira
1900 X-tra Abs
2000 Tone Fit Spin
2100 Spin

Thursday

0400 Spin
0500 Warrior Abs
0600 Group Power
0700 Spin Class

1000 Tone Fit Sculpt
1800 Step Aerobic
1900 Extreme Core
2000 Circuit (red horse)
2000 Beginners Salsa
2130 Hatha Yoga

Friday

0200 Tone Class
0500 Circuit Training
0600 Yoga
0700 Spin Class
1000 Jiu-jitsu
1900 Abs
1930 X-tra Abs
2000 Salsa
2100 Spin

Saturday

0600 Spin/Abs
0700 Spin Class
1000 Jiu-jitsu
1800 Capoeira
1900 Tone Fit Spin
2000 X-tra Abs
2100 Salsa



Chapel office hours are 0730 to 2300. Call the chapel at 437-8811 for more information.

MPR: Multi-Purpose Room

Conf: Conference Room

Sanct: Sanctuary

BSR: Blessed Sacrament Room

Monday

0445-0615 Prayer Warriors, Sanct
0730-0830 LDS Sacrament Service, Conf
1100-1130 Redeployment Brief (or Online), Conf
1130-1200 Daily Mass, BSR
1630-1800 Breakaway Group Study, Conf
1730-1800 Rosary, BSR
1800-1830 Daily Mass, BSR
1900-2130 Gospel Service Musician Reh, Sanct
2000-2115 Bible Study on the Gospel of John; Coffee Beanery
2000-2100 LDS Sacrament Service, Conf
2000-2100 Women of Virtue, MPR

Tuesday

0445-0615 Prayer Warriors, Sanct
1000-1100 Alcoholics Anonymous (AA), MPR
1100-1130 Redeployment Brief (or Online), Conf
1130-1200 Daily Mass, BSR
1800-1900 Church of Christ Bible Study, MPR
1730-1800 Rosary, BSR
1800-1830 Daily Mass, BSR
1930-2100 Men of Integrity, MPR
1930-2100 Knights of Columbus, Conf
1930-2100 Gospel Choir/Praise Team Rehearsal, Sanct

Wednesday

0445-0615 Prayer Warriors, Sanct
1000-1100 "Life Group" Christian Fellowship; Coffee Beanery
1100-1130 Redeployment Brief (or online); Conf
1130-1200 Daily Mass, BSR
1730-1800 Rosary, BSR

1730-1830 Gospel Service Dance Team, Sanct
1800-1830 Daily Mass, BSR
1800-1900 Mormon Bible Study, Conf
1900-2000 Islamic Study, Conf
1900-2000 LDS Activity Night, MPR
1930-2030 Gospel Service Bible Study, Sanct
2000-2130 Officer's Christian Fellowship (OCF), Conf
2100-2300 Contemporary Band Practice, Sanct

Thursday

0445-0615 Prayer Warriors, Sanct
1100-1130 Redeployment Brief (or Online), Conf
1130-1200 Daily Mass, BSR
1730-1800 Rosary, BSR
1730-1900 Traditional Service Choir Rehearsal, Sanct
1800-1830 Daily Mass, BSR
1930-2100 Gospel Choir/Praise Team Rehearsal, Sanct
1930-2100 Teaching of Jesus, MPR
2000-2100 Alcoholics Anonymous (AA), Conf
2100-2300 Catholic Choir Practice, Sanct

Friday

0445-0615 Prayer Warriors, Sanct
1100-1130 Redeployment Brief (or Online), Conf
1130-1200 Daily Mass, BSR
1300-1430 Islamic Prayer, MPR
1730-1800 Rosary, BSR
1730-1830 Gospel Dance Rehearsal, Sanct
1800-1830 Daily Mass, BSR
1800-2000 Shabbat Service, MPR
1900-2030 Shabbat Meal, Conf
1930-2030 Joy Night (a time of prayer, praise, and encouragement), Sanct
2100-2300 Gospel Service Dance Team

Saturday

0445-0615 Prayer Warriors, Sanct
1100-1130 Redeployment Brief (or online); Conf

1530-1630 Catholic Choir Practice, Sanct
1700-1800 New Beginnings Class, MPR
1730-1845 Jewish Study
1800-1930 Contemporary Band/Worship practice
1930-2100 Contemporary Worship Service, Sanct
1930-2030 Buddhist Learning Group, MPR
1930-2100 Gospel Service Leaders Mtg, Conf
2030-2130 Wiccan/ Earth Based Group, MPR
2200-2230 Catholic Mass, Sanct

Sunday

0445-0615 Prayer Warriors, Sanct
0800-0900 Catholic Mass, Sanct
0830-0930 Sunday School; Conf. room
0830-0945 Contemporary prayer group, MPR
0945-1045 Contemporary Worship Service, Sanct
0945-1100 Protestant Service @ CAOC-2nd floor Conf
1000-1130 2 Peter Bible Study, Multi-purp. Rm.
1100-1200 Catholic Mass @ CAOC, CAOC-2nd floor Conf
1130-1230 Church of Christ Service, Sanct
1300-1400 Latter Day Saints Service, Sanct
1330-1415 Church of England Communion (Episcopalian), Multi-purp. Rm.
1400-1500 LDS Sunday School, Sanct
1500-1600 Islamic Studies, Conf
1600-1700 Traditional Protestant Service, Sanct
1615-1745 Catholic Bible Study—Revelation; Conf
1715-1745 Catholic Reconciliation, Priest's Office
1800-1900 Catholic Mass, Sanct
1930-2100 Gospel Worship Service, Sanct
2000-2100 Alcoholics Anonymous (AA), Conf
2115-2300 Wiccan/Earth Based, Sanct

(All programs and times are subject to change. For more information, contact the chapel staff at 437-8811.)

Services briefs

CAC Calendar of Events

All events are subject to change

Sunday

1800 – Learn to Play
Hearts
1900 – Hearts
2000 – Pizza and Football
at the Plaza
1900 – Talent Show
(Base Theater)

Monday

0700 – Texas Hold'em
1200 – Yahtzee

Tuesday

1600 – Texas Hold'em
1700 – Free Pizza

Wednesday

2000 – Texas Hold'em
2300 – Ping Pong

Thursday

2300 – Texas Hold'em
2200 – Free Pizza
1600 – 8 Ball

Friday

0300 – Dominos
1600 – Texas Hold'em

Saturday

0800 – Bingo
0815 – Donuts &
Coffee
1600 – Dominos
1900 – Bingo at the
Plaza



Sunday meal Midnight – Chili Mac, Steamed Rice, Stewed Tomatoes, Oatmeal, French Toast Sticks, Grits, Fried Rice, Pancakes, Bacon Belly Burrito **Lunch** – Chicken Jambalaya, Beef stew, Hopping John Rice, Mashed Potatoes, Glazed Carrots, Calico Corn, Brown Gravy, Dinner Rolls, French Onion Soup **Dinner** – Crispy Baked Chicken, Italian Sausage with pepper and onions, Parsley Buttered Potatoes, Wild Rice, Herbed Green Beans, Succotash, Chicken Gravy, French Onion Soup **Monday meal Midnight** – Syrian Beef Stew, Egg Noodles, Wax Beans, Pancakes, Oatmeal, Grits, Fried Rice, Bacon, Sausage, Burritos **Lunch** – Chicken Parmesan, Meatloaf, Mac and Cheese, Scalloped Potatoes, Simmered Pinto beans, Spinach, Brown Gravy, **Dinner** Rolls, Beans with Bacon Soup **Dinner** – Stuffed Baked Fish, Mr. Z's Baked Chicken, Baked Potatoes, Steam Rice, Peas and Carrots, Fried Cabbage, Chicken Gravy, Beans with Bacon Soup **Tuesday Meal Midnight** – Pepper Steak, Mashed Potatoes, Green Beans W/ Mushrooms, Waffles, Oatmeal, Grits, Fried Rice, Bacon Belly Burrito **Lunch** – Baked Tuna & Noodles, Stuffed Bell Peppers, Rice Pilaf, Peas W/ Onions, Corn O'Brien, Brown Gravy, Creole Soup **Dinner** – Salisbury Steak, Lemon Baked Fish, Au Gratin Potatoes, Fried Rice, Veggie Stir Fry, Cauliflower, Garlic Bread, Creole Soup **Wednesday Meal Midnight** – Beef Pot Pie, Rossole Potatoes, Peas and Carrots, French Toast Sticks, Oatmeal, Grits, Fried Rice, Bacon, Sausage, Burritos **Lunch** – Italian Sausage, Lemon Herbed Chicken, Pork Fried Rice, Buttered Noodles, Brussel Sprouts, Harvard Beets, Turkey Gravy, Garlic Bread, Tomato Soup **Dinner** – Grill T-Bone Steak, Lobster, O'Brien Potatoes, Ginger Rice, Sautéed Mushrooms & Onions, Brown Gravy, Garlic Bread, Tomato Soup **Thursday Meal Midnight** – Mexican Baked Chicken, Franconia Potatoes, Cauliflower Combo, Pancakes, Oatmeal, Grits, Fried Rice, Pancakes, Bacon Belly Burrito **Lunch** – Yakisoba, Sweet and Sour Chicken Breast, Mashed Potatoes, Egg Noodles, Lima Beans, Mustard Greens, Chicken gravy, Dinner Rolls, Garden Vegetable Soup **Dinner** – Turkey Pot Pie, Veal Parmesan, Paprika Buttered Potatoes, Mac n Cheese, Black Eyed Peas, Glazed Carrots, Brown Gravy, Garden Vegetable Soup **Friday Meal Midnight** – Baked Fish, Mashed Potatoes, Summer Squash, Waffles, Oatmeal, Grits, Fried Rice, Bacon, Sausage, Burritos **Lunch** – Caribbean Jerk Chicken, BBQ Beef Cubes, Baked Potatoes, South Western Rice, Mixed Veggie, Italian Style Baked Beans, Creamy Dill Gravy, Beef Noodle Soup **Dinner** – Savory Baked Chicken, Baked Ham, Rissole Potatoes, Filipino Rice, Calico Corn, Collard Greens, Corn Bread, Chicken Gravy, Beef Noodle Soup **Saturday Meal Midnight** – Steak Smothered with onions, Mexican Rice, French Green Beans, Oatmeal, Grits, Fried Rice, French Toast Sticks, Bacon Belly Burrito **Lunch** – Prime Rib, Chicken Teriyaki, Orange Rice, Au Gratin potatoes, Asparagus, Peas w/Mushrooms, Au Jus chicken gravy, Dinner Rolls, Chicken Noodle Soup **Dinner** – Grilled Pork Chops, Roast Turkey, Savory Bread Dressing, Mashed Potatoes, Waxed Beans, Candied Sweet Potatoes, Brown Gravy, Chicken Noodle Soup

Now playing at the base theater

All movies and showtimes subject to change

Sunday

0100 Déjà vu
0330 The Comebacks
0600 Wrong Turn 2
0800 Hairspray
1100 I Now Pronounce
Chuck and Larry
1330 Ratatouille
1800 Talent Show
2200 License to Wed

Monday

0100 Wrong Turn 2
0330 The Hustler
0700 TCN Escorting
0830 Superbad
1100 The Boondock
Saints
1330 Hairspray
1630 Shooter
1930 Illegal Tender
2200 Stardust

Tuesday

0100 License to Wed
0330 Bourne
Ultimatum
0700 ECES CC
0930 Breach

1300 Stardust
1600 Off Base Driver's
Training
1700 The Simpson's
Movie
1930 The Comebacks
2200 Hairspray

Wednesday

0100 Disturbia
0330 Ratatouille
0600 The Darjeeling
Limited
0800 Illegal Tender
1100 Déjà vu
1400 License to Wed
1700 ECES CC
1930 Stardust
2200 Superbad

Thursday

0100 Hairspray
0300 Breach
0600 Wrong Turn 2
0830 Superbad
1130 Disturbia
1600 CE Retirement
Practice
1800 Desert Five Meeting

1930 I Now Pronounce
Chuck and Larry
2200 The Comebacks

Friday

0100 Illegal Tender
0330 Stardust
0630 Right Start
1030 Shooter
1700 Promotion
Ceremony
1930 Hairspray
2200 License to Wed

Saturday

0030 Bourne
Ultimatum
0300 The Comebacks
0500 The Simpson's
Movie
0700 Hairspray
0930 Stardust
1400 CE Retirement
1630 Ratatouille
1900 Illegal Tender
2130 Superbad
2400 Off Base Driver's
Training

Now playing at the CAC

All movies and showtimes subject to change

Sunday

0100/1300 Chronicles of
Riddick
0400/1600 Spirit
0700/1900 Nacho Libre
1000/2200 The Mangler
Returns

Monday

0100/1300 The Missing
0400/1600 Underworld
Evolution
0700/1900 Weekend at
Bernies
1000/2200 White Noise

Tuesday

0100/1300 The Profess.
0400/1600 Wild Thornb.
Movie
0700/1900 New World
1000/2200 Swordfish

Wednesday

0100/1300 Superstar
0400/1600 War of the
Worlds
0700/1900 Chronicles of
Riddick
1000/2200 Geronimo

Thursday

0100/1300 Last of the
Mohicans

0400/1600 Spirit
0700/1900 New World
1000/2200 The Missing

Friday

0100/1300 Underworld
0400/1600 The Profess.
0700/1900 Trading Places
1000/2200 The Rundown

Saturday

0100/1300 Shanghi Noon
0400/1600 War of the
Worlds
0700/1900 Geronimo
1000/2200 Weekend at
Bernies



MASTER SGT. GREGORY C. KUNKLE/ U.S. AIR FORCE

Chaplain (Lt. Col.) Gary Ziccardi, 379th Air Expeditionary Wing chaplain, cuts the Thanksgiving Day cake Nov. 22 at a Southwest Asia air base dining facility as Senior Airman Nikky Pascual and Airman 1st Class June Seong, 379th Expeditionary Services Squadron, stand by. Both Airmen are deployed from Nellis Air Force Base, Nev. Airman Pascual is from Honolulu, Hawaii, and Airman Seong is from Tae-jeon, Korea.



STAFF SGT. DOUGLAS C. OLSEN/ U.S. AIR FORCE

Chief Master Sgt. Lloyd Hollen (left), 379th Air Expeditionary Wing command chief, and Brig. Gen. Charlie Lyon, 379th AEW commander, serve Thanksgiving dinner to Senior Airman Carlos Solorzano, 379th Expeditionary Security Forces Squadron, at a Southwest Asia air base dining facility Nov. 22. Airman Solorzano is deployed from Aviano Air Base, Italy. His hometown is Santa Clarita, Calif.